



The Little Room of Harmony COVID-19 Policy

Natalia Ripsher at The Little Room of Harmony is committed to complying with the guidelines published on www.gov.uk regarding working safely during coronavirus (COVID-19)

Visiting The Little Room of Harmony

- Please only visit if you have a pre-arranged appointment.
- If you feel unwell in any way, have any COVID-19 symptoms (including headache, sore throat, sneezing or runny nose), or if you have come into contact with a confirmed COVID-19 case in the last 7 days, please inform Natalia as soon as possible and do not attend your appointment.
- Please arrive promptly for your appointment, not too early, not too late.

Prior to arrival

- Natalia will contact you the day prior to your appointment to confirm that you do not have any COVID-19 symptoms. If you feel unwell in any way, please stay at home and your appointment will be rescheduled.
- The Little Room of Harmony will be thoroughly cleaned at the start and end of each day and also in-between clients, including hand touched surfaces such as door handles, client chairs, the treatment bed and any equipment used.
- Rigorous hand washing will be practised before and after each client.
- Any towels or sheets used during a treatment will be replaced after each client.

During your visit

- Hand sanitiser will be available at The Little Room of Harmony.
- It is a matter of personal choice whether the client would like to wear a face mask during their visit. In a group setting, I require tolerance and respect of other people's decisions regarding mask wearing.
- Natalia will wear a face mask and/or visor at the client's request.
- The Little Room of Harmony will be well ventilated before and after each client and during treatments when possible.

Payments

Payments can be made by cash or online.

Contact Details

Should the need arise, I may need to share your contact details with NHS Test and Trace.

Questions

If you have any questions, please contact Natalia on 07507 879009 or email natalia@thelittleroomofharmony.co.uk.